

MOORE COUNTY COMMUNITY ACTION TEAM



Tuesday, July 21, 2009 | Team Meeting

Meeting Summary

The Team was given updates on upcoming projects including a summary of the Green Living and Design Tour, the Town of Robbins Recycled Regatta and Recycled Art Show and an update on the Sustainable Film Series. The **Green Living and Design Tour** is coming up November 7th. We are currently looking for tour sites that incorporate all aspects of green living and green building. The Town of Robbins will be hosting a **Recycled Regatta and Recycled Art Show** on September 12th. Click [here](#) to find out more information about this fun and entertaining event. The next film in our Sustainable Film Series is “**The Greening of Southie**” a film that focuses on green building its skeptics, challenges and supporters. [Click here](#) for the movie trailer.

Community Supported Agriculture

During the “take action” portion of the meeting we invited Taylor Williams from the Moore County Cooperative Extension Service to present the challenges and benefits of Community Supported Agriculture (CSA) for the consumer and the farmer. A CSA is a popular way for consumers to purchase local, seasonal fruits and vegetables directly from a farmers. Here are the basics. A farmer offers a certain number of “shares” to the public, which is paid for in advance of the planting season. In exchange for payment of this share the farmer commits to providing a box of fruits and vegetables for a period of 20 -25 weeks with enough of each item for at least two people. This box may also include other farm products such as eggs, herbs or cut flowers. Seasonal eating is implied, as shares are usually based on the outdoor growing season, which means a smaller selection at the beginning and perhaps the end of the period, as well as a changing variety as the season progresses. This arrangement creates several rewards for both the farmer and the consumer. The farmer gets paid prior to the growing season and the consumer gets healthy local food while developing a connection to the land and local farmers. Taylor also pointed out the challenges to starting a local CSA. Some of the challenges for the farmer include producing a large variety of vegetables, potential crop failures and packing boxes for delivery. Challenges for the consumer include eating seasonal fruits and veggies and understanding the potential for crop failures. Click [here](#) to view Taylor’s CSA presentation.

Sustainable Sandhills has seen a large amount of interest in the community for a local CSA. As a follow up to this presentation and discussion, we will be conducting a consumer survey to help local farmers that are interested in starting a CSA understand consumer demand. The survey should be complete in the next few weeks so please take the time to participate. In addition to the CSA Survey, we will also be mapping addresses to evaluate efficient delivery routes or drop of points. Thank you to Taylor Williams and the Moore County Extension Office for their support with the meeting on the 21st.

If you have a green topic you would like to learn more about, please let us know and we will try to include that topic in a future meeting presentations, discussion and community action.

SAVE THESE DATES!

Thursday, August 20, 2009 | Sustainable Film "The Greening of Southie"

Tuesday, September 15, 2009 | Community Action Team Meeting

Our next CAT meeting is scheduled for **September 15th** to be held at Sandhills Community College in the Dempsey Student Center Clement Dining Room from **6:30 pm to 8:00 pm**.

Amanda Blue

Community Action Team Coordinator

Sustainable Sandhills

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