

## Sustainable Film Series Features “Two Angry Moms” – the Movie and the Movement



### From: Two Angry Moms – Just the Facts

- 35% of American Children are obese or at risk of becoming obese.
- Centers for Disease Control: “We are facing a childhood obesity epidemic. This generation will be the first in the nation’s history to live shorter lives than those of their parents.”
- 30% of boys born in 2000 and 40% of girls will develop diabetes.
- There are soaring rates of asthma, ADHD, anxiety, autism, learning disorders and depression among children.
- 1 in 4 children take prescription medication daily for chronic illness.
- 2000% increase in amphetamine prescriptions for children since 1990.

[Read more facts](#)

Timely, controversial and cutting edge, “Two Angry Moms,” the film and the movement, address an issue of great concern to parents across the country: ***What is happening to the health of our children and how does school food factor in?***



There are nearly seventy-three million school-aged children in America. Filmmaker and Mom, Amy Kalafa of Weston, CT, made this movie because she was fed up with her children eating highly-processed food filled with additives and preservatives at school. A growing number of kids aren’t getting enough vital nutrients, the

kind found only in real, whole food. If your kids are eating pizza, chicken nuggets and 100-calorie snack bags, chances are they aren’t getting the right kind of nutrition for proper growth, academic and athletic performance.

Two Angry Moms shows not only on what is wrong with school food; it offers strategies for overcoming roadblocks and getting real food into school cafeterias. All over America, Amy discovers programs that connect the cafeteria with the classroom and connect our kids with the earth. The movie explores the roles the federal government, corporate interests, school administration and parents play in feeding our country’s school kids. Two Angry Moms also offers successful and often inspirational examples of how to improve school food programs and



make a difference in both the health of each child and the long-term health of the country. Mark your calendar now so you don't miss upcoming film screenings in your county!

### [Two Angry Moms](#)

*Presented by Sustainable Sandhills*

**Thursday, July 15 • 12:00 - 1:30pm**

**Richmond Community College, Banquet Room**

1042 W. Hamlet Avenue, Hamlet, NC

Film screening followed by discussion with:

Phyllis Magnuson, First Health Community Health Services Coordinator

Deborah Carpenter, Hoke County Schools Nutritionist

**Tuesday, July 20 • 6:30 - 8pm**

**Cumberland County Headquarters Library, Pate Room**

300 Maiden Lane, Downtown Fayetteville, NC

Film screening followed by discussion

**Thursday, July 22 • 6:30 - 8pm**

**Sandhills Community College, Dempsey Student Center, Clement Dining Room**

3395 Airport Road, Pinehurst, NC

Film screening followed by discussion



*Our Sustainable Film Series is a very popular program and we can bring it to your community--free of charge! Sustainable Sandhills owns more than 20 films (and the public screening licenses) that cover a wide [range of sustainability topics](#). Contact us at 910.484.9098 or email [info@sustainablesandhills.org](mailto:info@sustainablesandhills.org) for more information.*