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eBlast | Volume 27 | December 2, 2010



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Holiday Time Recycling

excerpt from article by Jackie Tuckey, City of Fayetteville

Ahhh.....the holidays. It's time for good cheer.....and shopping, tree trimming, gift wrapping and parties. All this activity creates a good deal of extra trash around your home or business. Here are some suggestions to reduce clutter:

- First, try to reduce the amount of trash you accumulate. Take reusable bags when you go shopping in order to reduce the number of plastic and other bags you bring home. Plastic bags cannot be recycled through the City's program, but you may find a store that accepts them. They are not biodegradable in landfills, either. Be sure to put your reusable bags back in your car to be ready for your next trip.
- Having a party? Plastic plates, cups and flatware can be washed and reused, or recycled. Styrofoam products cannot be recycled and do not decompose in landfills.
- Look for gift wrap that is made from recycled paper products. Reuse the wrapping or make decorations and gift tags from used wrap. Wrapping paper can be recycled, but not the foil or mylar types. Tissue paper, ribbon and bows cannot be recycled, but they can be reused for other gifts. Please do not put strings of lights in the recycling cart.
- Cardboard boxes can be recycled, including food packaging such as cereal boxes. Break them down so they are flat, then place in your recycling cart. If they don't fit, place flattened boxes on top of the cart and close the lid to



Shop at Certified Green Businesses

Spend your holiday dollars at *local* businesses that are committed to sustainability!

Here are a few great gift ideas. Visit our [complete list of Certified Green Businesses in the Sandhills region](#) for more ideas!

- Healthy, eco-friendly items from [Green Goods](#) or the [Apple Crate](#)
- Movie tickets from the [Cameo Art House Theater](#)
- Yoga classes or a massage from [The Breathing Space](#)
- Dinner or cooking classes from [Elliott's on Linden](#)
- Gift memberships to [Fascinate-U Children's Museum](#) or [Cape Fear Botanical Garden](#)
- Gourmet marmalade from [Mrs. Picky Fanicky](#)
- Ladies apparel from [Morgan](#)

secure them. Please don't use them as additional containers for recyclables or trash.

- Styrofoam packing materials and bubble wrap cannot be recycled. Some mailing services may be willing to take these for reuse, but check with them first.
- "Grinding of the Greens" is an opportunity to recycle your fresh-cut Christmas tree. The City will conduct curbside pickup of the trees starting Jan. 3 in the western part of Fayetteville. They will be taken to the Cape Fear Botanical Garden where PWC will grind them into mulch on Jan. 8 for use in the Garden. Be sure to remove all lights and decorations before placing curbside.

Be sure to visit your local City or County website for more info on trash pick-up and recycling.

[Miller](#)

- Coffee and treats from the [Green Bean Coffee Shop & Spaceship](#) or [Swank Coffee Shoppe & Handmade Market](#)
- Help someone clean-up after the holidays by purchasing services from [C&D Cleaning](#) or [Sparkle Clean](#)

When you shop at a Certified Green Business, be sure to tell them thank you for their efforts!



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Support our Programs and Activities!

In the end, we will conserve only what we love. We will love only what we understand.

We will understand only what we are taught. --Baba Dioum, Senegalese Conservationist

Dear Friend of the Sandhills ,

Sustainable Sandhills is a nonprofit dedicated to conserving the natural resources of the eight-county region surrounding Ft. Bragg. Through education, demonstration and collaboration, we are changing the ways we live, work and play.

As 2010 comes to a close, we'd like to take a moment to let you know what your support has helped us accomplish this year. Some memorable 2010 successes include:

- expanding our Green Schools Program into more than 135 schools serving nearly 90,000 students,
- placing 9 recently graduated university students into host organizations across the region as part of our Student Energy Internship Program, and
- presenting the Sandhills' first Regional Sustainability Symposium.

Thanks to your support, we are able to be your community's nonprofit leader on Local Food, Air Quality, Recycling, Energy and Water Conservation and Green Growth. Sustainable Sandhills cannot continue this important work without you. Please take a moment right now – before this request gets lost in the daily shuffle – to [make your donation online](#). Membership levels begin at \$25, but donations of all sizes are welcome!

Join us today in protecting our communities' environment and improving our quality of life for a more "Sustainable Sandhills."
Thank you for your support

Jon Parsons
Executive Director



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Saab Barracuda – First Certified Green Manufacturing Business



[Saab Barracuda LLC](#) is a leading US manufacturer of camouflage nets and heat mitigating technologies for defense. The company is a business unit of Saab North America, owned by the large defense corporation, Saab AB. The company's products include multispectral camouflage nets, solar shading and concealment covers, and products to prevent solar loading on vehicles, equipment, and personnel. They sell variations to the Department of Defense, law enforcement agencies, and



qualifying commercial companies. Foremost among the camouflage, concealment and deception products is the Ultra Lightweight Camouflage Net System – ULCANS – manufactured right here in the Sandhills region by Saab Barracuda in Lillington, NC.

Not only does Saab Barracuda manufacture products to keep our military personnel safe, but the company has also shown its concern for our community by becoming a Sustainable Sandhills Certified Green Business. Even before they were participating in the Green Business Program, employees at Saab were making important changes in their businesses to make operations more sustainable. During Spring 2009, Saab began installing energy efficient T8 fluorescent tube lighting which resulted in more efficient lighting for 70,000 square feet of the facility. The company also installed a new reflective roof that has 2 ½ inches of insulation.

One of the areas that Saab Barracuda is focused on making an impact is through waste reduction and recycling. The company worked with a local recycling consultant to take a close look at their waste stream and have now been able to eliminate 3 waste containers that are no longer needed. Saab is now able to recycle much of their waste, including cardboard, paper, plastic, toner cartridges, batteries, wood pallets, fluorescent light bulbs, and batteries. This waste is now being diverted from the landfill, and is instead being put into the hands of other businesses that can use it. In many cases, Saab is eliminating waste hauling costs and in other cases, actually increasing its income through these means.



Employee education is also important to Saab Barracuda. The company brings awareness of sustainability to their 160 employees during new employee orientations, training programs, reference materials, and regular staff meetings. This provides a spirit of conservation for the whole staff and the changes made at the business have even become a way of life in the homes of some employees. One family has stopped purchasing bottled water all together!!

Thank you to Saab Barracuda for your participation in Sustainable Sandhills Green Business Program and congratulations on your certification!

About the Green Business Program:

Green businesses reduce waste, promote recycling, become energy and water efficient, purchase eco-friendly products, and educate their employees and customers about the multiple benefits of a sustainable community. For more information about how your business can become a Sustainable Sandhills Certified Green Business today, please contact your Green Business Coordinator:

Heidi Johnson, 910-484-9098, Cumberland, Hamett, Hoke, Lee and Robeson counties

Kea Capel Meacham, 910-639-3983, Moore, Montgomery, Richmond and Scotland counties

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**Mark your
Calendar!**



Don't miss these great

events coming up:

- [Cumberland County: "Bag the Bag" giant ball display at City Hall](#)

First Regional Sustainability Symposium a Great Success!

More than 100 attendees took part in the area's first Regional Sustainability Symposium (RSS) on November 10 in Pinehurst. Participants came from a wide variety of professions, including contractors, business owners, military, non-profits, chamber members, community leaders, and local government officials. The RSS agenda offered something for everyone and included guest speakers Mr. Henry McKoy and Mr. Tad Davis. Many attendees continued to network and visit with other businesses and organizations through the end of the day. We have received very positive feedback on the first Regional Sustainability Symposium and would like to extend a huge thank-you to our partner, the Moore County Chamber of Commerce, and to all of the [event sponsors](#).

Be sure to check out the [RSS event photos](#) on Facebook.

[begins](#)

[December 7](#)

- [Hamett](#)

[County:](#)

[FREE](#)

[Recycling](#)

[Workshop](#)

[Dec. 7](#)

- [Hoke County:](#)

[Master](#)

[Gardener](#)

[Class begins](#)

[Feb. 3, 2011](#)



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